

SYCAMORE DISTRICT KLONDIKE DERBY

January 23, 2010

Camp Lakota

2050 Deep Cut Road

Woodstock, Illinois

PARTICIPANTS:

This year's Klondike Derby will be held at Camp Lakota in Woodstock, Illinois on Saturday, January 23, 2010.

BSA Requirements

Youth must be a registered 5th grade Webelos to participate in the Klondike for insurance purposes. If you have prospective members as guests of your unit and they are not currently registered, you must have a completed Boy Scout form at the Klondike.

Two Klondike Unit Leaders (adults) are required to be responsible for all youth accompanying a unit. All leaders are required to be trained in youth protection. One leader must be at least 21. Each unit registered must have at least one adult leader with at all times.

Visitors

Visitors are welcome and encouraged to attend. Members of your troop committee or parents of the scouts may attend many of the day's activities at no cost. **Invite your unit commissioner.** All visitors need to sign in and out at the Klondike Headquarters / Registration station.

ADVANCE REGISTRATION:

It is requested that each **participating** unit submit a registration form with an advance payment of their "Unit Fee." This will assist the Klondike Committee in its efforts to prepare for the program.

It is mandatory that we have the names of the patrols attending so advance paperwork can be completed prior to the morning of the Klondike. Registration forms must be returned on or before the December Roundtable, There is a participation fee of **\$5.00** that will be charged for each Webelos, Scouter, or non-scouter adult participant which includes program and a patch.

Late registrants will be charged **\$8.00** each and will not receive their patches at the Klondike. They will be available at a later Roundtable.

These fees help cover the program expenses, camp fees and patches.

If you are unable to attend the December Roundtable, you may mail your advance registration form to:

**Brian Lumpp
7506 Birch Drive
Wonder Lake, IL 60097**

If you have any questions concerning this Klondike, please do not hesitate to contact:

Brian Lumpp: Klondike Chair: **815-546-9263** Mike Lumpp, Klondike Co-Chair: **815-344-1088**

STAFF IS ALWAYS NEEDED

Additional information will be available at the Roundtable. Registration/info packets will also be available on the District website.

5th grade Webelos: can come out for the Morning or Afternoon sessions or All Day with a troop with the Scoutmaster's approval. The Webelos can travel with the troop's patrol as part of the contest. The Webelos events will be similar to the boy scouts, except that their adult leaders will assist them in the activities. However, the Troop Leadership is ultimately responsible for the Webelos they have registered.

The purpose of inviting **5th grade Webelos** is to introduce them into a favorite Boy Scout Outdoor activity, thereby integrating them into the patrol method. Let's all demonstrate the values of "Team Work" and "Working with Others".

REGISTRATION/CHECK IN

It is mandatory that a roster, medical form and permission slips be completed for each unit attending the Klondike Derby. All Webelos names must be included on the roster. This will be kept on file with the Klondike staff, so if you need a roster for your unit, be sure to complete two copies. Each roster should include the name, address and emergency phone number of each person in attendance at the Klondike. **Please remember to bring your medical forms part A and part C as they will be checked at registration. YOU WILL NOT BE ALLOWED TO PARTICIPATE WITHOUT THESE FORMS.**

Additional permission slips can be found at <http://www.sycamorebsa.org/PaperForms.asp>

Registration/check in will open at 7:30 am. The registration area is located in the lower level of the outdoor center. It is requested that only **one adult leader** from each troop enter the registration area to check in. Each **Leader** will receive the following at check in:

Score Card – Each group will receive an official plastic-sealed Klondike Derby score card. The Leader of each group is required to carry the score card with them to each event area. The card is used to mark the team score in each event in order to determine the winner of the Klondike Derby.

Klondike Derby Map – On the back of each score card there will be a map identifying each city where the events are located. This will assist the team in their travel from one event area to another.

Final Instructions – Each unit will receive final instructions concerning opening ceremony, program participation, score card return, closing ceremonies and awards. Any additional questions concerning patrol participation should be asked at the check-in desk.

PARKING

There is **LIMITED** parking. As always it is suggested, if possible, **PLEASE** car pool.

CLOTHING

Participation in any winter event can be a lot of fun or a miserable experience. It all depends on how one prepares for the activity. Wearing several layers of clothes will help you enjoy the outdoors with very little effect from the elements. The key to winter weather comfort is keeping dry. Both moisture from perspiration and weather can greatly affect your comfort. The following tips are provided to assist in preparing your scouts for the day's activities.

Clothing	Several layers of clothing should be worn. At a minimum, this should include long underwear, heavy blue jeans, shirt and a sweatshirt. Snow or ski pants are great for keeping you dry.
Coat	A warm winter weight coat is needed for the day, preferably with a hood. It is also advisable to have a scarf to wrap around the neck and face.
Footwear	Heavy boots are needed to keep your feet warm and dry. It is suggested that two pair of socks be worn. Winter boots with the felt liner inserts provide the best protection against the cold and wet weather. <u>NO TENNIS SHOES!</u>
Hat	Everyone should have a hat that covers the entire head, including the ears. Over 70% of your body heat can be lost from your head.
Gloves	Protection for the hands is critical. A good, warm pair of gloves is needed to keep your hands warm and dry.
Rain Gear	Rain gear is needed just in case it starts to rain

Klondike Schedule

<u>Time</u>	<u>Session 1</u>
7:30 AM	Registration opens
8:45 AM	Opening, instructions
9:10 AM	1
9:30 AM	2
9:50 AM	3
10:10 AM	4
10:30 AM	5
10:50 AM	6
11:10 AM	7
11:30 AM	LUNCH
	<u>Session 2</u>
12:30 pm	Registration reopens
1:00 PM	8
1:20 PM	9
1:40 PM	10
2:00 PM	11
2:20 PM	12
2:40 PM	Special events
3:00 PM	Closing, Awards

Pack # _____

List all Webelos and Adults attending Klondike.

PATROL NAME _____

WEBELOS	ADDRESS	PHONE NUMBER	EMERGENCY CONTACT
1.			
2.			
3.			
4.			
5.			
6.			
7.			
8.			
9.			
10.			

SCOUTER	ADDRESS	PHONE NUMBER	EMERGENCY CONTACT
1.			
2.			
3.			
4.			
5.			
6.			
7.			
8.			
9.			

Recognizing Hypothermia

- shivering, exhaustion
- confusion, fumbling hands
- memory loss, slurred speech
- drowsiness

What you should do if you suspect Hypothermia

The first thing you should do is notify the nearest 1st Aid person (Wearing neon green vest)

If first aid is not readily available then do these items:

- Send someone to get first aid
- Get the victim into a warm room or shelter.
- If the victim has on any wet clothing, remove it and replace with dry clothing
- Wrap the person in a blanket
- Provide warm beverages

Recognizing Frostbite

Frostbite will attack any exposed skin - the most common areas are fingers, cheeks and ears.

The first signs of frostbite

- Redness on the skin and prickling pain
- White or grayish-yellow skin area
- Skin feels unusually firm or waxy
- numbness
- Cold white spots on exposed skin surface

What you should do if you suspect Frostbite

The first thing you should do is notify the nearest 1st Aid person (Wearing neon green vest)

If first aid is not readily available then do these items:

- Send someone to get first aid
- Get the victim into a warm room or shelter
- Do not rub the frostbitten area with snow or massage it at all. This can cause more damage
- Don't use a heating pad, heat lamp, or the heat of a stove, fireplace, or radiator for warming. Affected areas are numb and can be easily burned.

PREVENTION ACTION is the best form of defense against Hypothermia and Frostbite. **ADEQUATE CLOTHING** in terms of hats, gloves, winter coat, snow pants and layers of inner clothing are best.